



WEL Beauty and Lifestyle Awards 2015

WEL searched for the best beauty and lifestyle companies across West Essex.
Here are the winners....

WEL AWARDS

SIGNATURE SMILE

★ Cosmetic Dentistry



Signature Smile,
7B Johnston Road,
Woodford Green
IG8 0XA
0208 505 4466
www.woodfordsmile.com



BEAUTEC

★ Beauty Training



Beautec Beauty Academy,
167 High Road,
Loughton
IG10 4LF
0203 384 8427
www.beautec.co.uk



SILVER PODIATRY

★ Fungal Nail Laser Treatment



Silver Podiatry,
16 Chigwell Lane,
Loughton
IG10 3RW
0208 508 9223
www.silverpodiatry.crozzword.com



HADLEIGH CLINIC

★ Anti-ageing



Hadleigh Clinic,
104 Queen's Road,
Buckhurst Hill
IG9
0203 302 8558
www.hadleighclinic.co.uk



HALO

★ Hair Stylist



Halo Haircare,
262 High Rd,
Loughton
IG10 1RB
0208 551 7880



BIKRAM

★ Bikram Yoga



Bikram Yoga Essex,
228 High Rd,
Loughton
IG10 1ET
0208 508 0376
www.bikramyogaessex.com

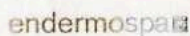


ENDERMOSPA

★ LPG facial

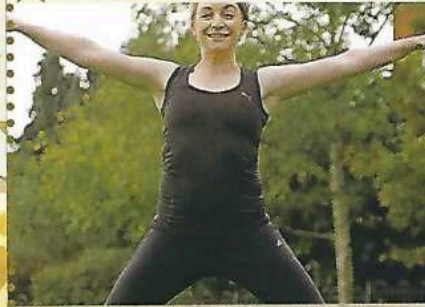


Endermospa,
62 Queens Road,



RACHEL YOUR PT

★ Personal Trainer



07886386938
www.rachelharvey-yourpt.com

EVIE ADAMS

★ Semi-permanent make-up



Evie Adams,
409 High Rd,



Beauty Q&A



This month WEL talks to LPG Endermospa expert, Sue Ali about Endermologie. She has recently launched the UK's first Endermospa in Buckhurst Hill, which specialises in scientifically proven natural and non-invasive anti-ageing techniques for the face and body. Here she shares her expertise on the treatment and why it really works

WHY DO YOU BELIEVE IN THIS TREATMENT?

LPG's team of research scientists work relentlessly to continually develop and refine these cutting edge treatments. The sheer dedication and serious commitment over the past 30 years from this amazing company is reflected in the excellent results we achieve on a daily basis, in changing the lives of our clients interested in anti ageing treatments. My own dedication to this treatment was because it was the only treatment I could find which genuinely rolled back the years. Only after I saw the amazing results for myself, I decided to pursue a career in offering this wonderful treatment to others. Now five years on, I am offering this treatment to my clients and I am proud to own the UK's first Endermospa dedicated to delivering only these treatments.

CAN YOU TELL US MORE?

LPG, the world leader in connective tissue and cellular stimulation, is committed to satisfying consumer demand for truly effective beauty treatments that respect

health and have no harmful side effects. This is the mission of the Endermospa, an innovative center that embodies all clients' needs, from slimming, firming or cellulite smoothing. We endeavour to deliver excellent results to all of our clients.

'The LPG technique for me and many women is definitely a natural and gentle way to promote youthfulness'

HOW LONG DOES IT TAKE TO SEE RESULTS?

Results vary from client to client, but as a rough guide differences will be noticed from around the third session and a higher level of wellness will be experienced after the first session.

IS THIS TREATMENT FOR EVERYONE?

It is suitable for both men and women and particularly for those with stubborn localised fat or cellulite. Endermologie defines the figure, firms and smooths the skin and the cellulite gradually disappears.

HOW MANY TREATMENTS DO YOU NEED AND DOES IT HURT?

A course of ten treatments is recommended for optimum results, but this can vary from client to client. The treatment is very relaxing and enjoyable.

WHATS THE KEY OF YOUR SUCCESS?

The LPG technique for me and many women is definitely a natural and gentle way to promote youthfulness. Not only does it deliver wonderful results, but it enhances well being. I do not aim to compete with any other beauty industry service, but instead seek to be the best at what I do by listening to my clients' needs, and then doing whatever it takes to deliver value for money by exceeding service expectations and by providing a unique and relaxing experience whilst striving for my clients' goals.

Finally, the willingness of the client to enable the treatment to work. No treatment (not even surgery) will work for somebody who has acquired a lifestyle related problem and is unwilling to change.

GET IN TOUCH

Endermospa,
62 Queens Road,
Buckhurst Hill
IG9 5BY
www.buckhursthillendermospa.com
0208 5048999
07505400903

ENDERMOSPAS

...ndologie (internationally recognised
... is a natural, non-invasive and
... technique for the body and face.

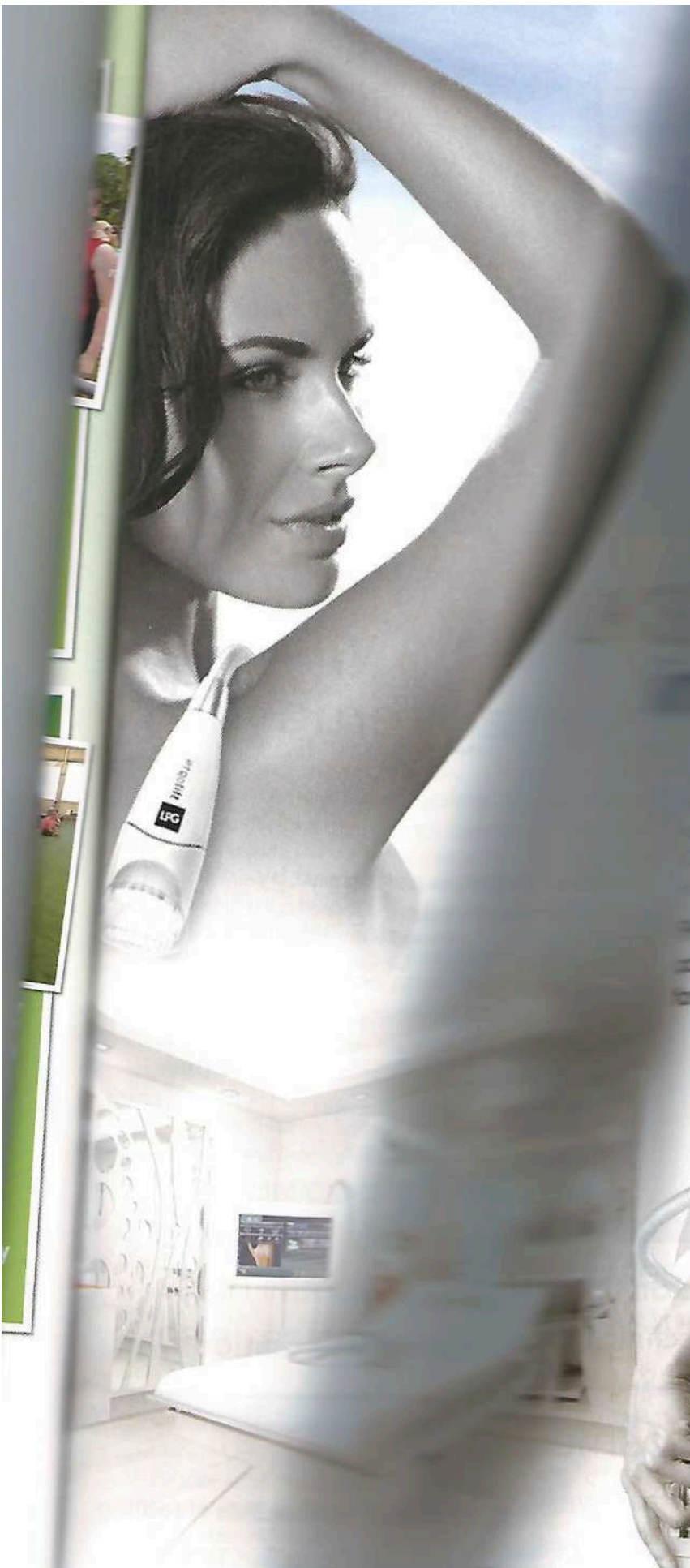
... Center uses proven methodology
... care for your face and figure.

... is a comfortable and relaxing, high
... that fights the ravages of age—from
... and stubborn fat that's resistant to diet

ENDERMOSPAS in *Suckhurst HILL*

... highest qualified Spa Therapists operate here, who are
... evaluated by the most rigorous quality standard.
... Spa is equipped with the latest generation of LPG
... machines, delivering cutting edge treatment protocols
... customised treatment program just for you.

**Free consultations with no obligation. Please
contact Sue or Roxana quoting Westsussexlife
for special offer packages.**





endermospa **LPG**

World renowned LPG Endermologie (internationally recognized by 130 scientific studies) is a natural, non-invasive and non-aggressive anti-ageing technique for the body and face.



The ENDERMOSPA Center uses proven methodology to provide daily beauty care for your face and figure.

LPG Endermologie is a comfortable and relaxing, highly effective tissue workout that fights the ravages of age – from sagging skin to cellulite and stubborn fat that's resistant to diet and exercise.

UK'S first ENDERMOSPA *in Buckhurst HILL*

Only the highest qualified Spa Therapists operate here, who are continuously evaluated by the most rigorous quality standard, and our Spa is equipped with the latest generation of LPG Cellu M6 machines, delivering cutting edge treatment protocols in a customised treatment program just for you.

Free consultations with no obligation. Please contact Sue or Roxana quoting Westsessexlife for special offer packages.



Endermospa LPG